

Spiritual Communion

Solemnity of The Annunciation of the Lord

Thursday 25 March 2021

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



Opening Prayer

O God, who willed that your Word should take on the reality of human flesh in the womb of the Virgin Mary, grant, we pray, that we, who confess our Redeemer to be God and man, may merit to become partakers even in his divine nature. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.



Concluding Prayer

Confirm in our minds the mysteries of the true faith, we pray, O Lord, so that, confessing that he who was conceived of the Virgin Mary is true God and true man, we may, through the saving power of his Resurrection, merit to attain eternal joy. Through Christ our Lord. Amen.

Prayer over the People

Be gracious to your people, Lord, we pray, that, as from day to day they reject what does not please you, they may be filled instead with delight at your commands. Through Christ our Lord. Amen.



Isaiah 7:10-14,8:10

The Lord spoke to Ahaz and said, 'Ask the Lord your God for a sign for yourself coming either from the depths of Sheol or from the heights above.' 'No,' Ahaz answered 'I will not put the Lord to the test.'

Then Isaiah said:

'Listen now, House of David:

are you not satisfied with trying the patience of men without trying the patience of my God, too?

The Lord himself, therefore, will give you a sign.

It is this: the maiden is with child

and will soon give birth to a son

whom she will call Immanuel,

a name which means "God-is-with-us."

The Word of the Lord

Hebrews 10:4-10

Bulls' blood and goats' blood are useless for taking away sins, and this is what Christ said, on coming into the world:

You who wanted no sacrifice or oblation, prepared a body for me.

You took no pleasure in holocausts or sacrifices for sin;

then I said,

just as I was commanded in the scroll of the book,

'God, here I am! I am coming to obey your will.'

Notice that he says first: You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will. He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

The Word of the Lord

Gospel Acclamation

Praise to you, O Christ, king of eternal glory!

The Word became flesh,

he lived among us,

and we saw his glory.

Praise to you, O Christ, king of eternal glory!

A reading from the holy Gospel according to Luke 1:26-38

The angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, so highly favoured! The Lord is with you.' She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Listen! You are to conceive and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob for ever and his reign will have no end.' Mary said to the angel, 'But how can this come about, since I am a virgin?' 'The Holy Spirit will come upon you' the angel answered 'and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. Know this too: your kinswoman Elizabeth has, in her old age,

herself conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God.' 'I am the handmaid of the Lord,' said Mary 'let what you have said be done to me.' And the angel left her.

The Gospel of the Lord

