

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

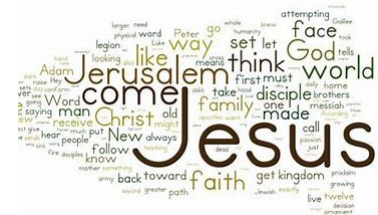
based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Concluding Prayer

May this divine sacrifice we have offered
and received fill us with life, O Lord, we
pray, so that, bound to you in lasting
charity, we may bear fruit that lasts for
ever. Through Christ our Lord. Amen.



Spiritual Communion - 13th Sunday in Ordinary Time Sunday 26 June 2022



Opening Prayer

O God, who through the grace of adoption chose us to be children of light, grant, we pray, that we may not be wrapped in the darkness of error but always be seen to stand in the bright light of truth. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

1 Kings 19:16,19-21

The Lord said to Elijah, 'Go, you are to anoint Elisha son of Shaphat, of Abel Meholah, as prophet to succeed you.'
Leaving there, Elijah came on Elisha son of Shaphat as he was ploughing behind twelve yoke of oxen, he himself being with the twelfth. Elijah passed near to him and threw his cloak over him. Elisha left his oxen and ran after Elijah. 'Let me kiss my father and mother, then I will follow you' he said. Elijah answered, 'Go, go back; for have I done anything to you?' Elisha turned away, took the pair of oxen and slaughtered them. He used the plough for cooking the

oxen, then gave to his men, who ate. He then rose, and followed Elijah and became his servant.

The Word of the Lord

Responsorial Psalm

O Lord, it is you who are my portion.

Preserve me, God, I take refuge in you.
I say to the Lord: 'You are my God.
O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.'

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.

Galatians 5:1,13-18

When Christ freed us, he meant us to remain free. Stand firm, therefore, and do not submit again to the yoke of slavery. My brothers, you were called, as you know, to liberty; but be careful, or this liberty will provide an opening for self-indulgence. Serve one another, rather, in works of love, since the whole of the Law is summarised in a single command: Love your neighbour as yourself. If you go snapping at each other and tearing each other to pieces, you had better watch or you will destroy the whole community.

Let me put it like this: if you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

**Speak, Lord, your servant is listening:
you have the message of eternal life.
Alleluia!**

A reading from the holy Gospel according to Luke 9:51-62

As the time drew near for him to be taken up to heaven, Jesus resolutely took the road for Jerusalem and sent messengers ahead of him. These set out, and they went into a Samaritan village to make preparations for him, but the people would not receive him because he was making for Jerusalem. Seeing this, the disciples James and John said, 'Lord, do you want us to call down fire from heaven to burn them up?' But he turned and rebuked them, and they went off to another village.

As they travelled along they met a man on the road who said to him, 'I will follow you wherever you go.' Jesus answered, 'Foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay his head.'

Another to whom he said, 'Follow me', replied, 'Let me go and bury my father first.' But he answered, 'Leave the dead to bury their dead; your duty is to go and spread the news of the kingdom of God.'

Another said, 'I will follow you, sir, but first let me go and say goodbye to my people at home.' Jesus said to him, 'Once the hand is laid on the plough, no one who looks back is fit for the kingdom of God.'

The Gospel of the Lord

