

**My Jesus,
I believe that you are present in this Holy Sacrament of the
altar.
I love you above all things
and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



Concluding Prayer

Through these sacrificial gifts which we have received, O Lord, bestow on your departed servants your great mercy and, to those you have endowed with the grace of Baptism, grant also the fullness of eternal joy. Through Christ our Lord. Amen.

Spiritual Communion All Souls Monday 2 November 2020



Opening Prayer

O God, who willed that your Only Begotten Son, having conquered death, should pass over into the realm of heaven, grant, we pray, to your departed servants that, with the mortality of this life overcome, they may gaze eternally on you, their Creator and Redeemer. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

A reading from the book of Wisdom

3:1-9

The souls of the virtuous are in the hands of God, no torment shall ever touch them. In the eyes of the unwise, they did appear to die, their going looked like a disaster, their leaving us, like annihilation; but they are in peace. If they experienced punishment as men see it, their hope was rich with immortality; slight was their affliction, great will their blessings be. God has put them to the test and proved them worthy to be with him; he has tested them like gold in a furnace, and accepted them as a holocaust. When the time comes for his visitation they will shine out; as sparks run through the stubble, so will they. They shall judge nations, rule over peoples, and the Lord will be their king for ever. They who trust in him will understand the truth, those who are faithful will live with him in love; for grace and mercy await those he has chosen.

The Word of the Lord

OR

A reading from the prophet Isaiah

25:6-9

On this mountain, the Lord of hosts will prepare for all peoples a banquet of rich food. On this mountain he will remove the mourning veil covering all peoples, and the shroud enwrapping all nations, he will destroy Death for ever. The Lord will wipe away the tears from every cheek; he will take away his people's shame everywhere on earth, for the Lord has said so. That day, it will be said: See, this is our God in whom we hoped for salvation; the Lord is the one in whom we hoped. We exult and we rejoice that he has saved us.

The Word of the Lord

A reading from St Paul's letter to the Romans

5:5-11

Hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still

helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners. Having died to make us righteous, is it likely that he would now fail to save us from God's anger? When we were reconciled to God by the death of his Son, we were still enemies; now that we have been reconciled, surely we may count on being saved by the life of his Son? Not merely because we have been reconciled but because we are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

**It is my Father's will, says the Lord,
that I should lose nothing of all he has given to me,
and that I should raise it up on the last day.**

Alleluia!

A reading from the holy Gospel according to Matthew

11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord