

**My Jesus,  
I believe that you are present in this Holy Sacrament of the altar.  
I love you above all things  
and I passionately desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you now and forever.  
Amen.**

*based on a prayer of St Alphonsus Liguori*

At the Saviour's command  
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**



### **Concluding Prayer**

Having been nourished with heavenly Bread, we beseech you humbly, O Lord, that, drawing from it new strength, under the faithful protection of your Angels, we may advance boldly along the way of salvation. Through Christ our Lord. Amen.

## **Spiritual Communion Feast of Saints Michael, Gabriel and Raphael, Archangels Tuesday 29 September 2020**



### **Opening Prayer**

O God, who dispose in marvellous order ministries both angelic and human, graciously grant that our life on earth may be defended by those who watch over us as they minister perpetually to you in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### **A reading from the Book of the Prophet Daniel**

7:9-10,13-14 .

As I watched:

Thrones were set in place and one of great age took his seat. His robe was white as snow, the hair of his head as pure as wool. His throne was a blaze of flames, its wheels were a burning fire. A stream of fire poured out, issuing from his presence. A thousand thousand waited on him, ten thousand times ten thousand stood before him. A court was held and the books were opened.

I gazed into the visions of the night.

And I saw, coming on the clouds of heaven, one like a son of man. He came to the one of great age and was led into his presence. On him was conferred sovereignty, glory and kingship, and men of all peoples, nations and languages became his servants. His sovereignty is an eternal sovereignty which shall never pass away, nor will his empire ever be destroyed.

**The Word of the Lord**

Or

### **A reading from the Book of the Apocalypse**

12:7-12 .

Now war broke out in heaven, when Michael with his angels attacked the dragon. The dragon fought back with his angels, but they were defeated and driven out of heaven. The great dragon, the primeval serpent, known as the devil or Satan, who had deceived all the world, was hurled down to the earth and his angels were hurled down with him. Then I heard a voice shout from heaven, 'Victory and power and empire for ever have been won by our God, and all authority for his Christ, now that the persecutor, who accused our brothers day and night before our God, has been brought down. They have triumphed over him by the blood of the Lamb and by the witness of their martyrdom, because even in the face of death they would not cling to life. Let the heavens rejoice and all who live there.'

**The Word of the Lord**

### **Gospel Acclamation**

**Alleluia, alleluia!**

**Give thanks to the Lord, all his hosts,  
his servants who do his will.**

**Alleluia!**

### **A reading from the holy Gospel according to John**

1:47-51

When Jesus saw Nathanael coming he said of him, 'There is an Israelite who deserves the name, incapable of deceit.' 'How do you know me?' said Nathanael. 'Before Philip came to call you,' said Jesus 'I saw you under the fig tree.' Nathanael answered, 'Rabbi, you are the Son of God, you are the King of Israel.' Jesus replied, 'You believe that just because I said: I saw you under the fig tree. You will see greater things than that.' And then he added 'I tell you most solemnly, you will see heaven laid open and, above the Son of Man, the angels of God ascending and descending.'

**The Gospel of the Lord.**

