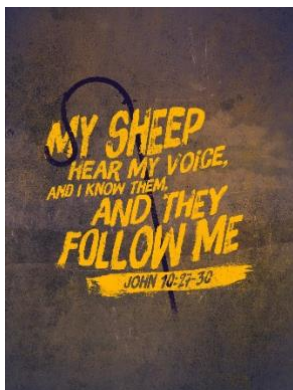


**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



Concluding Prayer

Look upon your flock, kind Shepherd, and be pleased to settle in eternal pastures the sheep you have redeemed by the Precious Blood of your Son. Who lives and reigns for ever and ever. Amen.

Spiritual Communion - 4th Sunday of Easter Sunday 8 May 2022



Opening Prayer

Almighty ever-living God, lead us to a share in the joys of heaven, so that the humble flock may reach where the brave Shepherd has gone before. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Acts 13:14,43-52

Paul and Barnabas carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the Sabbath and took their seats.

When the meeting broke up many Jews and devout converts joined Paul and Barnabas, and in their talks with them Paul and Barnabas urged them to remain faithful to the grace God had given them.

The next sabbath almost the whole town assembled to hear the word of God. When they saw the crowds, the Jews, prompted by jealousy, used blasphemies and contradicted everything Paul said. Then Paul and Barnabas spoke out boldly. 'We had to proclaim the word of God to you first, but since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

I have made you a light for the nations,
so that my salvation may reach the ends of the earth.'

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

But the Jews worked upon some of the devout women of the upper classes and the leading men of the city and persuaded them to turn against Paul and Barnabas and expel them from their territory. So they shook the dust from their feet in defiance and went off to Iconium; but the disciples were filled with joy and the Holy Spirit.

The Word of the Lord

Responsorial Psalm

We are his people, the sheep of his flock. Or Alleluia!

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy.

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep of his flock.

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age.



Apocalypse 7:9,14-17

I, John, saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the throne and in front of the Lamb, dressed in white robes and holding palms in their hands. One of the elders said, 'These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.'

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

I am the good shepherd, says the Lord;

I know my own sheep and my own know me.

Alleluia!

A reading from the holy Gospel according to John 10:27-30

Jesus said:

'The sheep that belong to me listen to my voice;

I know them and they follow me.

I give them eternal life;

they will never be lost

and no one will ever steal them from me.

The Father who gave them to me is greater than anyone,
and no one can steal from the Father.
The Father and I are one.'

The Gospel of the Lord