

Spiritual Communion
6th Sunday in Ordinary Time
Sunday 13 February 2022

**My Jesus,
I believe that you are present in this Holy Sacrament of the altar.
I love you above all things and I passionately desire to receive you into my soul.
Since I cannot now receive you sacramentally,
come spiritually into my soul
so that I may unite myself wholly to you now and forever.
Amen.**

based on a prayer of St Alphonsus Liguori

At the Saviour's command
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**



Concluding Prayer

Having fed upon these heavenly delights, we pray, O Lord, so that we may always long for that food by which we truly live. Through Christ our Lord. Amen.



Opening Prayer

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Jeremiah 17:5-8

The Lord says this:

'A curse on the man who puts his trust in man, who relies on things of flesh, whose heart turns from the Lord. He is like dry scrub in the wastelands: if good comes, he has no eyes for it, he settles in the parched places of the wilderness, a salt land, uninhabited.

'A blessing on the man who puts his trust in the Lord, with the Lord for his hope. He is like a tree by the waterside that thrusts its roots to the stream: when the heat comes it feels no alarm, its foliage stays green; it has no worries in a year of drought, and never ceases to bear fruit.'

The Word of the Lord

Responsorial Psalm

Happy the man who has placed his trust in the Lord.

Happy indeed is the man
who follows not the counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but whose delight is the law of the Lord
and who ponders his law day and night.

He is like a tree that is planted
beside the flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he does shall prosper.

Not so are the wicked, not so!
For they like winnowed chaff
shall be driven away by the wind:
for the Lord guards the way of the just
but the way of the wicked leads to doom.

1 Corinthians 15:12,16-20

If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people.

But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!

**Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.**

Alleluia!

A reading from the holy Gospel according to Luke 6:17,20-26

Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon. Then fixing his eyes on his disciples he said:

‘How happy are you who are poor: yours is the kingdom of God.

Happy you who are hungry now: you shall be satisfied.

Happy you who weep now: you shall laugh.

Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.

‘But alas for you who are rich: you are having your consolation now.

Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

‘Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.’

The Gospel of the Lord

