My Jesus,
I believe that you are present in this Holy Sacrament of the altar.

I love you above all things and I passionately desire to receive you into my soul.

Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever.

Amen.

based on a prayer of St Alphonsus Liquori

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.



Concluding Prayer

Hear us, O God our Saviour, and grant us confidence, that through these sacred mysteries there will be accomplished in the body of the whole Church what has already come to pass in Christ her Head. Who lives and reigns for ever and ever. Amen.

Spiritual Communion - 7th Sunday of Easter Sunday 16 May 2021



Opening Prayer

Graciously hear our supplications, O Lord, so that we, who believe that the Saviour of the human race is with you in your glory, may experience, as he promised, until the end of the world, his abiding presence among us. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.



Acts 1:15-17,20-26

One day Peter stood up to speak to the brothers – there were about a hundred and twenty persons in the congregation: 'Brothers, the passage of scripture had to be fulfilled in which the Holy Spirit, speaking through David, foretells the fate of Judas, who offered himself as a guide to the men who arrested Jesus – after having been one of our number and actually sharing this ministry of ours. Now in the Book of Psalms it says: Let someone else take his office.

'We must therefore choose someone who has been with us the whole time that the Lord Jesus was travelling round with us, someone who was with us right from the time when John was baptising until the day when he was taken up from us – and he can act with us as a witness to his resurrection.'

Having nominated two candidates, Joseph known as Barsabbas, whose surname was Justus, and Matthias, they prayed, 'Lord, you can read everyone's heart; show us therefore which of these two you have chosen to take over this ministry and apostolate, which Judas abandoned to go to his proper place.' They then drew lots for them, and as the lot fell to Matthias, he was listed as one of the twelve apostles.

The Word of the Lord

1 John 4:11-16

My dear people, since God has loved us so much, we too should love one another. No one has ever seen God; but as long as we love one another God will live in us and his love will be complete in us. We can know that we are living in him and he is living in us because he lets us share his Spirit. We ourselves saw and we testify that the Father sent his Son as saviour of the world. If anyone acknowledges that Jesus is the Son of God, God lives in him, and he in God. We ourselves have known and put our faith in God's love towards ourselves. God is love and anyone who lives in love lives in God, and God lives in him.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia!
I will not leave you orphans, says the Lord;
I will come back to you,
and your hearts will be full of joy.
Alleluia!

Gospel - John 17:11-19

Jesus raised his eyes to heaven and said:

'Holy Father, keep those you have given me true to your name, so that they may be one like us. While I was with them, I kept those you had given me true to your name. I have watched over them and not one is lost except the one who chose to be lost, and this was to fulfil the scriptures. But now I am coming to you and while still in the world I say these things to share my joy with them to the full. I passed your word on to them, and the world hated them, because they belong to the world no more than I belong to the world. I am not asking you to remove them from the world, but to protect them from the evil one. They do not belong to the world any more than I belong to the world. Consecrate them in the truth; your word is truth. As you sent me into the world, I have sent them into the world, and for their sake I consecrate myself so that they too may be consecrated in truth.'

The Gospel of the Lord

